

Policy Approved:
Policy Reviewed: January 2023



NORTH NEWTON COMMUNITY PRIMARY SCHOOL

RELATIONSHIP, SEX & HEALTH EDUCATION (RSHE) POLICY

The Relationships, Sex Education and Health Education (RSHE) aspects of Personal, Social, Health and Economic education (PSHE) are now compulsory within all schools. We want all children that attend North Newton to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain.

1. Rationale

From September 2020, all children in all year groups will be taught Relationships and Health Education. These subjects are designed to equip children with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. At North Newton we will deliver the content in a way that is age and developmentally appropriate and sensitive to the needs and religious background of all pupils. Relationships Education will put in place the building blocks needed for positive and safe relationships, including family, friends and online. Health Education aims to give children the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise. These new statutory requirements do not extend to sex education at KS1 and 2 (beyond the biological/reproductive aspects schools are already required to cover in science).

2. Aims and Intent:

- To fulfil our legal obligations related to RSE, whilst taking account of parental views
- Provide a framework in which sensitive discussions can take place and a culture of trust between staff, pupils and families
- To deliver high-quality, age-appropriate and ability appropriate RSHE lessons as part of our overall planned school curriculum and ethos
- Help pupils develop feelings of self-respect, confidence, and empathy
- To ensure pupils are provided with accurate information from reliable sources
- To use a range of appropriate resources matched to the strengths and needs of individual pupils
- To provide pupils with opportunities to engage positively in sensitive discussions and enable them to have the confidence to ask questions to help address any misconceptions
- Teach pupils the correct vocabulary to describe themselves and their bodies
- Create a positive culture around issues of sexuality and relationships
- To ensure pupils are equipped with the skills and knowledge to recognize and report abuse (emotional, physical and sexual)
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- To encourage pupils to remember what they learn to support their ongoing preparation for the future

To achieve our aims, we will plan and teach the RSE content set out by the DfE <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education> . Other aspects are taught through 'SCARF' using the schemes of work, planning and resources from <https://www.coramlifeeducation.org.uk/scarf/> and some areas of relationships through lessons in Literacy and RE. In Science we will use the correct vocabulary.

SEND

As far as is appropriate, pupils with special educational needs will follow the same RSHE education programme as all other students. We consider all the needs of our children, and we may choose to provide children with additional support. Careful consideration is given concerning the level of differentiation needed, and in some cases the content or delivery will have to be adapted. Teachers and/or teaching assistants work with individual pupils where required, and if appropriate.

2. Relationship to other policies

Relationship, Sex and Health Education (RSHE) forms an integral part of the curriculum, and within the schemes of work of Science and Personal, Social and Health Education (PSHE).

3. Roles and responsibilities of headteacher, other staff, governors and parents

The **Board of Governors** will:

- Ensure RSHE is included in the school curriculum. They will consider what it consists of and how it should be organised and hold the headteacher to account for its implementation
- Ensure this policy is kept up to date and make it available to parents via the school website.
- Ensure RSHE is taught in a way that encourages pupils to consider morals, the value of family life, and the importance of marriage / civil partnership, regardless of sexual orientation.

The **Headteacher** will ensure that:

- The FGB is advised about the nature and organisation of sex and relationships education and how it reflects the aims and values of the school.
- Training is provided for staff to secure a consistent interpretation of school policy
- RSHE is provided in a way that encourages pupils to consider morals, the value of family life and the importance of marriage and relationships regardless of sexual orientation.
- The scheme of work will focus on the importance of a healthy relationship and ensure pupils understand the need for acceptance of any form of sexual orientation and avoid prejudice.
- Pupils are protected from inappropriate teaching materials.
- A scheme of work is appropriate and implemented.
- RSHE is taught for a minimum of 45 minutes (EYFS/KS1) or 1 hour (KS2) focusing discussion on various aspects of the RSHE curriculum. These are tailored to the needs of the class and may link to current affairs. Examples of work completed in these lessons are then recorded in a class RSHE book. We aim to have at least one piece of evidence for each of the following strands of the RSHE curriculum over the academic year:
- Links are established and maintained with external agencies to ensure appropriate support and guidance are accessible to pupils, staff, and parents/carers.

Staff who teach RSHE are expected to:

- Provide RSHE in accordance with this policy and in a way which encourages pupils to consider morals and the value of family life and promotes inclusivity.
- Participate in training to provide RSHE in line with the latest Government guidance.
- Implement the agreed scheme of work.
- Draw to the attention of the headteacher any materials, which they consider to be inappropriate.

Parents

- Parents of Year 5 and 6 pupils will have the right to withdraw their child from sex education but not from statutory Relationships Education or Health Education.
- Parents have the right to withdraw their children from the [non-statutory/non-science] components of sex education within RSE.
 - Preparing children for the changes that adolescence bring
 - How a baby is conceived and born
- Requests for withdrawal should be put in writing using the form found in Appendix 1 of this and addressed to the headteacher. Alternative work will be given to pupils who are withdrawn from sex education.

4. Policy Development

1. Review – members of the leadership team, utilising national guidance, developed a draft policy.
2. Staff consultation – staff were given the opportunity to look at the policy and make recommendations.
3. Ratification – the policy was shared with, reviewed and approved by the full Governing Body.
4. Parent/stakeholder consultation – parents sent a copy of the policy and invited to ask questions or make suggestion about the policy. This will be followed up by a parental questionnaire regarding curriculum, communication, and parental support
5. Pupils – we established what pupil want from their RSHE curriculum.
The policy will be reviewed annually.

SignedChair of Governors

Date

Appendix 1 – Withdrawal of Child from RSHE

TO BE COMPLETED BY PARENTS			
Name of child		Class	
Name of parent		Date	
Reason for withdrawing from sex education within relationships and sex education			
Any other information you would like the school to consider			
Parent signature			

TO BE COMPLETED BY THE SCHOOL	
Agreed actions from discussion with parents	